

Employee Benefit Announcement

January 6, 2010



Dear School Employee:

We are Invest EAP, your employee assistance program. We are committed to providing a healthy and supportive work environment for all school employees. To that end, we provide you and any of your household members access to our comprehensive Employee Assistance Program. The program is provided to you free by the Vermont School Boards Insurance Trust (VSBIT).

The Employee Assistance Program offers you confidential counseling and resource information to help you address almost any personal issue. Personal problems may include matters related to family, marital, alcohol, emotional, workplace, financial or legal problems, elderly parents, childcare, etc.

You can reach the EAP toll-free, anytime (24/7), at 1-800-287-2173. You can also access us on the web at www.investeap.org. Your password is "vsbit". You may also submit a request for any non-urgent resource information online at www.freeassist.org.

Sincerely,

The Invest EAP Team

Reaching us

When you call, you will always be provided the option to speak with a live counselor. If your call is not urgent, and your local counselor is unavailable, you will be prompted to leave a message.

Please help us to connect with you by providing us the following:

1. Phone numbers and good times to reach you.
2. If it's ok to leave you a message telling you that 'EAP' returned your call.

**We welcome your call anytime. Call us at
1-800-287-2173**

Customer Service

Should you need additional assistance call the 800# again, follow the prompt to speak with someone immediately and ask for an Account Manager to contact you



What is EAP?

Short-term confidential counseling, information and resources

Who is Covered?

All school employees and household members

Stress Family

Relationships

Childcare, divorce, remarriage

Elderly parents

Finances



Call 1-800-287-2173

www.investeap.org
Password: vsbit

A benefit of VEHI/PATH

